



Erie County Stay Fit Dining



Starting 11/16/2020(Monday), Erie County Stay Fit Dining Program will be on pause until further notice.

However, a 5 pack of **Frozen Meals** will be available for curbside pick-up each Monday for registered participants.

- ❖ Milk and dessert will be included as well.
- ❖ A suggested contribution is \$3 per meal but no one will be turned away for lack of ability to pay

If you are interested in signing up for the frozen meals, please stop at the senior center office or call The Town of Tonawanda Senior Center at 874-3266.

Thank you for your understanding!