

ADMINISTRATIVE STAFF:

DIRECTOR: Tricia Pray
PROGRAM COOR: Sandy Preziuso
SECRETARY: Penny Muscarella
KITCHEN MANAGERS & OFFICE ASSISTANT:
Jan Celani & Sharon Novino
SENIOR VAN DISPATCHERS
Kathleen Veronica
Ellen Settlekowski

ASSOCIATION OFFICERS:

PRESIDENT: Donna Heiss
VICE PRESIDENT: George Degener
RECORD. SECRETARY:
SGT.-AT-ARMS: Carol Reingold

ASSOCIATION DIRECTORS:

Linda Hamilton
Fran Ross
Diana Randall
Barb Bielli

TOWN OFFICIALS:

Joseph H. Emminger, Supervisor
Carl Szarek, Councilman &
Chairman of Youth, Parks & Recreation Committee
Mark D. Campanella Sr.
Superintendent Parks & Recreation Department



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874-3266
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May, 2021**

DIRECTOR'S LETTER

I hope this letter finds all of you well. Except for the fact that we're checking each person in as they come in to the center & everyone must be wearing a mask, the senior center is starting to feel a little more "normal". We are anxiously anticipating the start of our Bocce season next month!! We're comfortable running this program since it's an outdoor activity & almost everyone that has returned to the senior center has been vaccinated. It will be so nice to have that league up & running again! We are also still running our frozen meal program each Monday as well as our daily hot lunch each weekday at noon. If you would like information about one or both of these programs, please call the office. Our classes have all been up & running for a few months. A new session of classes will begin in June and information will be in next month's bulletin. Please keep in mind that while the center is open, class sizes are limited to a certain number so you must still be signed up for activities in order to participate. We know this pandemic had been hard on so many, especially our senior population. I hope that the senior center activities have become a welcome relief from the past year! Take care & I hope to see even more at the senior center very soon.

Take care, Tricia

WELLNESS

Everyone entering the Senior Center will have a temperature check and will be asked wellness questions. You must wear a mask and observe social distancing! At this time, only the programming listed in this newsletter is ongoing & you must be pre-registered to participate. Other programming such as cards, groups, table tennis, shuffleboard etc. have not yet begun.

SENIOR CENTER MEMBERSHIP

The cost to belong to the Senior Center has increased slightly in 2021. It now costs \$17 for a resident and \$25 for a non-resident to belong to the center. Memberships are good for a year from when it is paid. The cost to have the bulletin mailed to you is still \$5 for the year.

FREE ACTIVITIES

The Senior Center offers the following **free activities to members**: Exercise on Mondays and Thursdays, Preventing Falls on Fridays and Bingo on various days at no charge. **You MUST be pre-registered for all activities!** Class size is limited. Call the Center for more information.

Exercise: The Monday exercise class is taught by Carol Ann Gleason and the Thursday exercise class is taught by Joan Beiter. These classes begin at 10am and end at 11:15am. Both classes observe social distance protocols. Limit of 32.

Preventing Falls: At this time, this class is being taught by Bonnie Eschborn. Class begins at 10am and ends at 11am each Friday. Social distance protocols are observed. Limit 32.

Bingo: We play Bingo using disposable paper Bingo boards and participants will be seated using social distance protocols. Winners will receive prizes. Bingo will be held on Wednesday, May 12 and May 26. Limit of 34.

WELCOME NEW MEMBERS

Welcome to the following new members: Denise Walter, Roseanne Mejia, Robert & Emma Edwards.

SYMPATHY

Our thoughts and prayers are with the families and friends of the following members who have passed away: Hilda Marquez, Fred Cooley, Larry McCormick and Angeline Dolce.

Get Well/Thinking of You wishes go out to the following members: Scott Garton, Nancy Lazarski, Elaine Dean.

BOCCE

Do you want to meet new friends and have a little fun? Then come on in and sign up for our Bocce League, with a team of 4 or by yourself. PLEASE REMEMBER, THIS IS FOR FUN!!! **Dues must be current in order to participate.**

DATES: Tuesday, June 8 - Tuesday, August 17, 2021

TIME: 9:00 am Session and 10:30 am Session

COST: Free

SIGNUP: Begins May 10th & ends when all spots are filled

ERIE COUNTY STAY FIT DINING NUTRITION PROGRAM

The Erie County Stay Fit Dining “Dine-In Program” has resumed. The frozen meal program is still in place. Feel free to take part in both programs if you wish. You must be pre-registered. Call the Senior Center at 874-3266 for more information.

LOUNGE

We are accepting donations of books and puzzles (no magazines). If you wish to borrow a book or puzzle, please call the office.

BOUTIQUE

The Boutique will be open on Wednesday, May 12 from 9am to 12:30pm. We are accepting merchandise from updated members. Only merchandise in good condition will be accepted. We are NOT accepting books, jewelry, purses, DVDS, or drinkware. Eight (8) item limit per person which includes items that are already in the Boutique.

BOOK CLUB

At our May 6th meeting we will discuss the book “The Great Alone” by Kristin Hannah. At our June 3rd meeting we will discuss the book “The Broken Road” by Richard Paul Evans. Please call the Senior Center office to pre-register. Masks must be worn and social distancing rules will apply. Limit 10 seniors.

SEWING

We meet every Wednesday from 9:00 am to 12:30 pm. Please call the Senior Center office to pre-register. Masks must be worn and social distancing rules will apply. Limit 10 seniors.

SOCIAL CRAFTS

Join us on Friday’s from 9:00am to noon. Come join the fun and be creative with us. Need help with project? We’ll help. Please call the Senior Center office to pre-register. Masks must be worn and social distancing rules will apply. Limit 10 seniors.

NEW SESSION OF CLASSES

All classes will observe social distancing and class sizes are limited.

TRANSPORTATION

We are running our transportation service on a more regular basis. 2 of our 3 vans are back in service. Right now, doctor appointments are taking precedent, but we will try to fit grocery shopping, hair appointments, banking, etc. if there is room on a given day. If you are in need of transportation, you can reach the dispatcher at 875-1029 Monday thru Friday from 8:30am-1:30pm.

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will delight in creating beautiful items and enjoy being part of a very happy and friendly group of wonderful people.

INTERMEDIATE WATERCOLOR

Tuesdays 1:00-4:00

For those who have already completed an Intro to Watercolor class, continue to build your skills in watercolor techniques such as washes, glazing, layering, and lifting, dry brush, color mixing, etc. We will do step-by-step “paint-along” of various subjects that will WOW your friends and family! Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before the 1st class.

ADVANCED WATERCOLOR

Thursdays 1:00-4:00

Must have 3+ years’ experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before 1st class.

DRAWING BASICS Fridays 1:00-3:30

Always wanted to draw better? Come learn the basics of realistic drawing and develop your artist's eye. Easy step-by-step instruction of various subject matter teaches you the sequence of creating surprisingly realistic 3-D shapes using lines, angles, shadows, and shading. Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before the 1st class.

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises, some with breathing, some with movement, and some stationary, a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

LINE DANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA GOLD

Zumba Gold is 50 minutes of low impact, senior friendly aerobic activity. The goal is to get your bones and muscles moving and your circulation pumping.