

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

May is here and what a busy month it will be! We have had a great response to all of the events we are holding this month.

Once again, the Trade Show was a big success. I hope everyone took advantage of all the information that the vendors brought in to the center. Profits from the sale of tables from this event will help to defray the cost of the volunteer recognition luncheon. This luncheon honors the many volunteers that put in so many hours to help make our center the wonderful place it is.

There are many different programs being offered at our center. Be sure to check the bulletin for information on them. I'm sure you will find something that interests you. You may also find out about what's going on at

our center and about other programs being offered through the Youth, Parks & Recreation Department from the Town's website. Go on line to tonawanda.ny.us then click on departments. There is a Youth, Parks & Recreation dropdown menu then the Senior Center is a dropdown choice from there. Here you will find a listing of everything that's going on at the center. You can also read our bulletin and all of the current flyers. Both the Senior Center and Youth, Parks & Recreation Department have Facebook pages. Please feel free to "like" our page so you will be notified of the exciting activities that are going on at our center and in our Town!

Hope to see you at all of the May events. Take care!!

Tricia Pray, Director

PRESIDENT'S CORNER

Happy May Day everyone! Our "Tap into Spring" trip was fantastic. We have a very busy month. May 8th will be our Election of Officers. May 10th is our Spring Swing Dance with guests from other Senior Centers. Our Volunteer Luncheon on May 17th is for all volunteers who are responsible for making so many things happen at the senior center. This is our way of saying thank you for all your help. One senior will be awarded volunteer of the year. The Memorial Service is on May 24th. This is a beautiful service for cherished members who have passed away. I would like to wish all the ladies a Happy Mother's Day!

Donna Heiss, President

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Donna Heiss at 694-3773.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Wilber Parkhill, Esther Hall, Mary Ann Campise, Dorothy Mercer, Cheryl Kerling, Cheryl Kofoed, Milford & Mary Withey, Brenda Sciortino, Christine Schurkus, Debbie Pirri, Joan & Douglas Gregory, Frank Szczepura, Bruce Ensminger and Mike Braunscheider.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Joan Coronado, Peter Selkirk.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Lucy Ciulkowski, Francis Adams.

Our Sympathy to the following members who have lost loved ones: Lois & Larry McCormick loss of brother & sister.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Barb Bielli, Joan DeLong, Evelyn & Bob Dziadasek, Carol Kostelnik, Karen Kopper, Annette Maus, Evelyn May, Dolores Mickens, Elaine Miller, Audrey Morris, Pat Pflieger, Nancy Pilon, Diana Randall, Elaine Schultz, Jean Serra, Anna Stanton, Kathy Thompson, Mary Veitch, Betty Vitko, Wanda Webb, Peg Young and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

MARCH WINNER

Anniversary: Cheryl & Tim Abell

Birthday: Peggy Young

PARTIES & DANCES

HAWAIIAN LUAU

Aloha, we're having a Hawaiian Luau Party. Hula on over for some tropical fun. We'll have Hawaiian (and

other) music by Ramundo Music. Try your luck at a trivia contest. There will be a few surprises as well. Feel free to wear your tropical attire. We hope you will join us for this fun event.

At the end of the party we will draw names for prizes - you must be present to win.

DATE: Friday, June 7, 2019

TIME: 1:00 PM (doors open at 12:30pm)

COST: \$5.00 members, \$7.00 non-members

SIGNUP: Through Fri., May 31

MENU: Hawaiian & cheese/pepperoni pizza (1 piece of each), chips, popcorn, dessert, punch & pop

VOLUNTEER RECOGNITION DAY LUNCHEON

To honor our valuable volunteers who do so much for the Senior Center, we will hold a free luncheon. If you have volunteered for a **minimum of (5) hours** between May 2018 and April 2019 you are eligible to attend. Volunteers may pick up the volunteer forms now. Bring the forms back with you when you sign up OR come prepared to fill out a volunteer form upon signup, listing all your volunteer duties for the 2018/2019 year. We will honor one (1) of our members as volunteer of the year.

DATE: Friday, May 17, 2019

TIME: 1:00 pm (cafetorium doors open at 12:30 pm)

COST: Free if you have volunteered for a **minimum of (5) hours** between May 2018 & April 2019

SIGNUP: Ends Thursday, May 9th

MENU: Pulled Pork, Macaroni & Cheese, Chef Salad
Dessert, Pop, Coffee & Tea

MEMORIAL SERVICE

Please join us at this beautiful service as we honor the memory of our members who have passed away during the last year. Music will be performed by our own Choral Group. Refreshments and fellowship will follow the service.

DATE: Friday, May 24, 2019

TIME: 1:00 pm (doors open at 12:45 pm)

COST: Free, but you must have a ticket

SIGNUP: Ends Friday, May 17th

SPRING SWING

National Trust will provide music for this Town Dance, which includes refreshments. This is the event where we get to show off our Senior Center by inviting other area seniors from various Senior Centers. So put your dancing shoes on, sign up early and join the fun. Tickets are limited and they will go fast so don't delay.

DATE: Friday, May 10, 2019

TIME: 7 – 10 pm (doors open at 6:30)

PLACE: T.O.T. Senior Center
291 Ensminger Road

COST: Free, but you must have a ticket

SIGNUP: Ends Friday, May 3rd

TRIPS

BRANSON
August 18-24

Seven days & six nights – two at the Pear Tree Inn, Indianapolis, IN and four at the Lodge of the Ozarks in Branson, MO. Five awesome shows including a lunch cruise with entertainment on the Branson Belle and a dinner show at Dolly Parton’s Stampede. A visit will be made to the Titanic Museum. Much more is included. A detailed flyer including prices is available at the Senior Center. Check office for availability on this trip.

SEXY LAUNDRY

We will visit Port Colborne, Ontario, where we will start our day with a buffet lunch at canal side. There will be time to explore the Welland Canal area. Next, we will enjoy the comedy production of Sexy Laundry. A passport, passport card or enhanced driver’s license is required for Customs.

DATE: Wednesday, June 12

BE AT CENTER: 9:45am

RETURN: 7pm

COST: \$79.00

Check office for availability

VOICES FROM THE PAST

DATE: Tuesday, May 14, 2019

TIME: Be at Center at 9am

RETURN: Approx. 5:45pm

COST: \$87 per person

Check office for availability

TRIP POLICY

Non-members are welcome to go on our trips, but non-members **must wait 2 weeks** after the initial signup date to register. If you join the Senior Center, you may register for trips on the first day of signup.

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS.

Many people are sensitive to different scents.

Thank You

PROGRAMS & EVENTS

BOCCE

Looking for a way to get involved at the Center? Do you want to meet new friends and have a little fun? Then come on in and sign up for our Bocce League, with a team of 4 or by yourself. PLEASE REMEMBER, THIS IS FOR FUN!!!

DATES: Tuesday, June 4 - Tuesday, July 30, 2019

RAINDATE: Tuesday, August 6th

TIME: 9:00 am Session and 10:30 am Session

COST: Free

SIGNUP: Begins May 1st & ends when all spots are filled

PARTY: Tuesday, August 13th at 10:00 am cost \$5

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning June 3rd thru all of 2019. Call the office to register at 874-3266. **COST:** AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary.

DATE: Friday, May 3 & 31, 2019

TIME: 1:00 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our May 2nd meeting we will discuss the book “Before We Were Yours” by Lisa Wingate. At our June 6th meeting we will discuss the book “The Forgotten Garden” by Kate Morton

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

SENIOR CENTER COMMUNITY GARDEN

How would you like to participate in the Senior Center’s annual community garden? We are looking for senior volunteers to help plant the vegetable garden. We plan on planting the garden at the end of May or beginning of June depending on the weather. Once the garden is planted, we will ask for volunteers to come in periodically to weed the garden and eventually to pick the vegetables. All plants & materials will be supplied. To sign up, please stop in the office or call us at 874-3266.

COLORING GROUP

DATE: Friday, May 3, 2019

TIME: 12:45pm in Room 1

COST: FREE

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or

prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

MATINEE MADNESS MONTH OF MAY

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a Movie show on our big screen TV. Movies are shown at 1:00 pm.

5/6/19: Mamma Mia Here We Go Again: (Meryl Streep, Lily James) – Five years after the events of Mamma Mia! Sophie prepares for the grand reopening of the Hotel Bella Donna as she learns more about her mother's past. (Rated PG-13, Comedy/Romance/Musical; 114 mins.)

5/13/19: The Wife: (Glenn Close, Jonathan Pryce) – A wife questions her life choices as she travels to Stockholm with her husband, where he is slated to receive the Nobel Prize for Literature. - (Rated R; Drama; 99 mins.)

5/20/19: The Unlikely Good Samaritan: (Charlie Aligaen, Stephen Fuller Austin) – The Unlikely Good Samaritan follows the paths of two men: Sam, An ex-convict and mysterious drifter looking to escape his past and find new meaning in life, and Chris, a proud, small town pastor and new husband. (Not Rated; Drama; 76 mins.)

BILLIARDS - ROOM 8

The Billiards room will be open on Tuesday, Wednesday and Friday from 8:30 to 4:30pm.

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new "Because Game," meet new friends, ask questions, and just enjoy.

CANASTA

Do you play CANASTA? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

KUPPLES KLUB

On May 2nd at noon, we will be hosting a Kentucky Derby Party. Come join the fun! See bulletin board for more information.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every Wednesday from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

What fun we had at our Pizza Party! Our next meeting is May 16th, we will be playing \$1.00 Bingo. Just a reminder our Basket raffle is next month. We need baskets, gift cards or any donation you would like to make. Let's make this another successful event.

Make sure you update your Singles membership dues which are \$3.00 and you must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Monday, Tuesday & Thursday's from 9:00 -11:00am. This is not a league, we play for exercise & fun. For more information stop by and ask for Bob or Jean.

We meet Monday, Tuesday & Thursday from 9:00 - 11:00 am, in rooms 1 & 3.

WOOD BURNING GROUP

We meet Wednesdays from 9:00 – 11:00am in room 4. If interested bring wood burning equipment, minimum charge for wood and patterns.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

WATERCOLOR

Continue expanding your knowledge and skills as a watercolor painter with new lessons and more helpful techniques... and more fun! Enjoy creating your own paintings with guidance and encouragement.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts" on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA

Basic Zumba class is 45 minutes of low impact, senior friendly, aerobic activity include stretching, repetitive movements, deep breathing and body sculpting – all to a Latin beat. The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,
Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00
May 7, 14, 21, 28 – Regular Day Activities

MANG BRANCH

The Mang Branch of our Senior Center will be meeting at the Senior Center on Ensminger Road while the Mang Community Center is under construction. They would love for some of our regular members to stop in to see what they're all about & participate with them. They will meet on Mondays and Thursdays in room 8 (the pool room) from 9:30am-2:30pm.

Mondays schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open pinochle

12:30pm: Progressive Pinochle

Thursdays Schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open Pinochle

10:00am: Scat

12:30pm: Open Pinochle, Scat, Poker

Please call Sharon to reserve your spot for Thursday afternoon Pinochle 319-0680.