


**Lunch: served each day at Noon, must be pre-registered. You may call on any day to see if we have cancellations.**

# February 2023

Mon	Tue	Wed	Thu	Fri
		1) 8:45 Yoga (C) 9:00 Sewing (14) 9:15/12:30 Woodshop (6) 9:30/1:00 Ceramics (9) 9:30 Scrabble (2B) 10:15 Zumba (C) 12:45 Pinochle (7) 12:45 Duplicate Bridge (1)	2) 9:00 Table Tennis (7) 10:00 Exercise (C) 12:00 Hand/Foot Canasta (8) 1:00 Cribbage (2B) 1:00 Watercolor (4) 1:15 Senior Stretching (7) 1:30 Qigong (C) <i>Program: Book Club 10am (4)</i> <i>Program: Kupples Klub 12pm (1/3)</i>	3) 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:00 Drawing (4)  <div style="border: 1px solid black; padding: 5px; display: inline-block;">Bingo 1pm</div>
6) 9:15/12:30 Woodshop (6) 10:00 Exercise (C) 12:45 Pinochle (7) 1:00 Mah Jongg (2B) 1:30 Choral Group (C)	7) 9:00 Table Tennis (1/3) 9:30/1:00 Ceramics (9) 9:30 Euchre (7) 10:00 Line Dance (C) 12:30 Scat Group (1) 1:00 Watercolor (4) 1:30 Tai Chi (C)	8) 8:45 Yoga (C) 9:00 Sewing (14) 9:15/12:30 Woodshop (6) 9:30/1:00 Ceramics (9) 9:30 Scrabble (2B) 10:15 Zumba (C) 12:45 Pinochle (7) 12:45 Duplicate Bridge (1)	9) 9:00 Table Tennis (1/3) 10:00 Exercise (C) 12:00 Hand/Foot Canasta (8) 1:00 Cribbage (2B) 1:00 Watercolor (4) 11:15 Senior Stretching Workout (7) 1:30 Qigong (C)	10) 9:00 Social Crafts (4) 10:00 Preventing Falls (1/3) 1:00 Drawing (4)  <i>Event:</i> <i>Snow Flake Party 1pm (C)</i>
13) 9:15/12:30 Woodshop (6) 10:00 Exercise (C) 12:45 Pinochle (7) 1:00 Mah Jongg (2B) 1:30 Choral Group (C)	14) 9:00 Table Tennis (1/3) 9:30/1:00 Ceramics (9) 9:30 Euchre (7) 10:00 Line Dance (C) 12:30 Scat Group (1) 1:00 Watercolor (4) 1:30 Tai Chi (C)	15) 8:45 Yoga (C) 9:00 Sewing (14) 9:15/12:30 Woodshop (6) 9:30 Scrabble (2B) 9:30/1:00 Ceramics (9) 10:15 Zumba (C) 12:45 Pinochle (7) 12:45 Duplicate Bridge (1)	16) 9:00 Table Tennis (7) 10:00 Exercise (C) 12:00 Hand/Foot Canasta (8) 1:00 Cribbage (2B) 1:00 Watercolor (4) 1:15 Senior Stretching Workout (7) 1:30 Qigong (C) <i>Program: Single Club 1pm (1/3)</i>	17) 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:00 Drawing (4)  <div style="border: 1px solid black; padding: 5px; display: inline-block;">Bingo 1pm</div>
20) Senior Center Closed  	21) 9:00 Table Tennis (1/3) 9:30 Euchre (7) 12:30 Scat Group (1)  <i>Program:</i> <i>Safe Driving Class 9am (8)</i>	22) 9:00 Sewing (14) 9:15/12:30 Woodshop (6) 9:30 Scrabble (2B) 12:45 Pinochle (7) 12:45 Duplicate Bridge (1) <i>Trip Sign Up: The Motown Years</i>	23) 9:00 Table Tennis (1/3) 10:00 Exercise (C) 12:00 Hand/Foot Canasta (8) 1:00 Cribbage (2B) 1:30 Qigong (C) make up	24) 9:00 Social Crafts (4) 10:00 Preventing Falls (C)
27) 9:15/12:30 Woodshop (6) 10:00 Exercise (C) 12:45 Pinochle (7) 1:00 Mah Jongg (2B) 1:30 Choral Group (C)	28) 9:00 Table Tennis (1/3) 9:30/1:00 Ceramics (9) 9:30 Euchre (7) 10:00 Line Dance (C) 12:30 Scat Group (1) 1:00 Watercolor (4) 1:30 Tai Chi (C)			C = Cafetorium 2B = Old Computer Room Conf = Conference Room Room 8 = Pool Room  Senior Ctr. 874-3266