

ADMINISTRATIVE STAFF:

DIRECTOR: Sandy Prezioso
DIRECTOR: Scott Brinkman
SECRETARY: Penny Muscarella,
KITCHEN MANAGER & OFFICE ASSISTANT:
Jan Celani
SENIOR VAN DISPATCHERS
Kathleen Veronica
Ellen Settlekowski
Bonnie Monahan

ASSOCIATION OFFICERS:

PRESIDENT: Donna Heiss
VICE PRESIDENT: Linda Hamilton
RECORD. SECRETARY: Linda Pike
SGT.-AT-ARMS: Peg Young

ASSOCIATION DIRECTORS:

Nancy Flaig
Pat Pike
Diana Randall
Barb Bielli

TOWN OFFICIALS:

Joseph H. Emminger, Supervisor
Carl Szarek, Councilman &
Chairman of Youth, Parks & Recreation Committee
Mark D. Campanella Sr.
Superintendent Parks & Recreation Department



291 Ensminger Road
Tonawanda, NY 14150
Return Service Requested



Town of Tonawanda Senior Center
874-3266
Website: www.tonawanda.ny.us

Standard Presort
U.S. Postage
Paid
Tonawanda, N.Y.
Permit No. 300

Time Value
February, 2023

DIRECTOR'S LETTER

I hope everyone is enjoying 2023 so far. This month the Senior Center will be hosting a Snowflake Party on Friday, February 10. Signups are ongoing until February 3. Please note, if you participate in parties at the Senior Center, please do not sign up for the nutrition program on these days unless you intend on eating it. We get numerous cancellations on party days and this causes a lot of food to go to waste. We appreciate your cooperation.

The Senior Center is offering assistance in filing your taxes again this year. AARP volunteers will be here on Tuesdays and Thursdays from 9am to Noon. This is by appointment only. Call 874-3266 to book an appointment. You will need to pick up an intake packet before your appointment and bring the completed form and your property tax bills to your appointment.

Our first trip signup will be on Wednesday, February 22 for members. The trip will be to Seneca Niagara Casino with a Motown musical show. You won't want to miss it!

Keep smiling, Sandy

PRESIDENT'S CORNER

What a wonderful time everyone had at the Winterfest Dance. What a great start to the New Year. On February 10th we will be hosting a Snow Flake Party with a delicious menu and the Uke-Ladies to entertain us. Also, spread the word about our wonderful Senior Center. And all we have to offer.

Donna Heiss, President

WELCOME NEW MEMBERS

Welcome to the following new members: Dolores Sanford, Charlie Scibetta, Irene Bowes.

SENIOR CENTER MEMBERSHIP

Hours of operation: Monday-Friday 8:30am – 4:30pm. Membership cost: \$17 per year for a resident of the Town of Tonawanda or Village of Kenmore and \$25 per year for non-resident. Memberships are good for a year from when it is paid. (Must be 60 years of age to join or have a spouse that's a member & at least 60 years old). The cost to have the bulletin mailed to you is \$5 for the year.

SYMPATHY

Our thoughts and prayers are with the families and friends of the following members who have passed away: Michael Battaglia, Mary Patterson and Bea Nelson.

Get Well/Thinking of You wishes go out to the following members: Pat Pike

Our Sympathy to the following members who have lost loved ones: Carmella Yuhnke loss of sister in law.

SNOW FLAKE PARTY

It will include Salad, Mac-n-Cheese, Breaded Chicken Cutlet, Dessert, Coffee, Pop & Entertainment.

DATE: Friday, February 10, 2023

TIME: 1:00pm (doors open at 12:30pm)

COST: \$11.00 members - \$13.00 non-members

SIGNUP: Ends February 3, 2023

TAX HELP

Volunteers from AARP will be offering assistance in filing your taxes again this year. They will prepare basic tax returns, NOT rental property or more involved returns. All forms will be filed electronically. You will receive a printout of the return that is filed for you. Please call or stop in the office for an appointment.

DATE: Starts, February 2, 2023

TIME: Tuesdays & Thursdays

COST: Free

SINGNUP: Starts January 17, 2023

Please bring photo ID, your social security card for each person on the tax return, property tax bills for new property tax credit, completed intake packet and last year's return with you.

SHUFFLEBOARD STANDINGS 2022

Revised: Congratulations to the first place winners:

1st Place: **The Flying Discs:** (20 wins & 10 losses) Nancy Flaig, Lois McCormick, Holly Weisenberger, Linda Pike

HOLIDAY FUNDRAISER & BOUTIQUE

THANK YOU

Many thanks to all those who supported this year's fundraiser and those who have shopped at the Boutique. Due to your generosity we exceeded our goal. More than 60 needy families in the Ken-Ton school district will be receiving gift cards. We did it!!!!

SAFE DRIVER ACADEMY - DRIVER COURSE

Safe Driver Academy course is held at the Senior Center each month, cost \$35.00. Call the office at 874-3266 to register for a class.

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

PREVENTING FALLS

This exercise program is offered every Friday at 10:00am. Any Erie County resident may attend at NO cost. No sign up is necessary.

You must be a current member of the Senior Center in order to participate in the following programs.

BINGO

Boards are sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. Bingo will be held on February 3rd & 17th at 1:00pm.

BOUTIQUE

The Boutique is open on Wednesdays from 9am to 12:30pm. We are accepting merchandise from current members. Only merchandise in good condition will be accepted. We are NOT accepting books, jewelry, purses, DVDS, or drinkware. Eight (8) item limit per person which includes items that are already in the Boutique.

BOOK CLUB

We would love to have new people come and read with us! The club meets the 1st Thursday of each month at 10:00am. At our February 2nd meeting we will discuss the book "A Cold Day in Hell" by Lissa Marie Redmond. At our March 2nd meeting we will discuss the book "The Quarry Girls" by Jess Lourey.

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00pm, meet in Room 8 (pool room).

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm, in Room 2B (old computer room).

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm, in Room 1. Single players are welcome to play in one of the most friendly bridge games in the area! Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing. No Bridge in February, start again March 7th.

EUCHRE

Are you interested in playing EUCHRE? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30.

EXERCISE

Come join us on Mondays and Thursdays from 10:00 - 11:15am. This program is FREE with Senior Center membership. No Pre-registration necessary.

KUPPLES KLUB

Everyone had a great time at our Christmas party and New Year celebration with appetizers. Our next meeting on February 2nd we will be having a Valentines lunch with a pasta selection pre-ordering required. Planning ahead for March 2nd we will have a pot luck lunch. Come join us. We meet the first Thursday of the month at noon in Rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00pm, meet in Room 2B (old computer room).

PINOCHLE

Come join us for a couple of hours of fun! We play each Monday & Wednesday at 12:45 pm in Room 7. Sign up by 12:30 pm. Everyone signing in by 12:30 will play.

SCAT GROUP

SCAT group meets on Tuesday afternoons at 12:30pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SCRABBLE

We meet every Wednesday at 9:30am in room 2B. Come join the fun!

SEWING

We meet every Wednesday from 9:00 am to 12:30 pm. We get together to sew, crochet, knit, but most of all to have fun.

SOCIAL CRAFTS

Join us on Friday from 9:00am to noon. Come join the fun and be creative with us. Need help with a project? We'll help.

SINGLES CLUB

A big thank you to Donna Heiss our outgoing president. She will be a tough act to follow. That being said if anyone has any program ideas please let one of the Single's board member know. The hope for our February 16th meeting is a presentation of the library's new app for ebooks and magazines. Anyone interested in joining our group, we meet the third Thursday of the month, at 1:00pm in Rooms 1 & 3. Unlike the senior center, the singles membership runs from January to December for \$5.00 per person. You must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Tuesdays & Thursdays from 9:00 -11:00am. This is not a league; we play for exercise & fun.

LOUNGE

We have many books and puzzles available in our Lounge. Also, check out our book cart in the front hallway. **New book return policy:** In the little room just before entering the TV room, please find a basket on the floor for all book returns. Please don't reshelv books or put them on the book cart. This will certainly help our library workers save time. Thank you and enjoy your reading. We are accepting donations of books and puzzles (no magazines). Please feel free to borrow books or puzzles. NO sign out necessary.

WOODSHOP

Monday & Wednesday 9:15 - 11:45 + 12:30 - 2:45
\$2.00 per visit or \$15.00 per year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. **As always, safety first.**

**The following classes run in sessions. You must pre-register and pay a fee.
Call the Senior Center for more information.**

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will delight in creating beautiful items and enjoy being part of a very happy and friendly group of wonderful people.

LINE DANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

DRAWING WITH COLORED PENCILS

Do you like to color? First of all, YOU DO NOT NEED TO KNOW HOW TO DRAW! Learn how to color, layer, shade, and texture with colored pencils in order to make your drawing look very real. You will be given patterns of beautiful pictures to trace onto your drawing paper, and together, we will make them come to life with our colored pencils. Please pick up your supply list in the office when registering and contact Instructor Diana Hanagan (716) 876-8133 before the 1st class.

INTERMEDIATE WATERCOLOR

Tuesdays 1:00-4:00

For those who have already completed an Intro to Watercolor class, continue to build your skills in watercolor techniques such as washes, glazing, layering and lifting dry brush, color mixing, etc. We will do step-by-step “paint-along” of various subjects that will WOW your friends and family! Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before the 1st class.

ADVANCED WATERCOLOR

Thursdays 1:00-4:00

Must have 3+ years’ experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before the 1st class.

GOLD SUMMIT QIGONG

Through many types of slow, soft exercises, some with breathing, some with movement, and some stationary, a person can learn to relax.

GOLD SUMMIT TAI CHI

Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

SENIOR STRETCHING WORKOUT

This is a great stretching class done mostly on chair, keeping you flexible & healthy.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA GOLD

Zumba Gold is 50 minutes of low impact, senior friendly aerobic activity. The goal is to get your bones and muscles moving and your circulation pumping.

TRANSPORTATION

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore. For more information or to schedule a van call: 875-1029 Monday – Friday 8:30am – 1:30pm. To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left. Cost \$3.00 (In-Town) or \$6.00 (Out of Town) each way.

ERIE COUNTY STAY FIT DINING NUTRITION PROGRAM

The Erie County Stay Fit Dining “Dine-In Program” is run Monday – Friday each week. The frozen meal program is still in place. Feel free to take part in both programs if you wish. You must be pre-registered. Call the Senior Center at 874-3266 for more information.

Happy Valentine’s Day!

