

ADMINISTRATIVE STAFF:

DIRECTOR: Sandy Preziuso
DIRECTOR: Scott Brinkman
SECRETARY: Penny Muscarella,
KITCHEN MANAGER & OFFICE ASSISTANT:
Jan Celani
SENIOR VAN DISPATCHERS
Kathleen Veronica
Ellen Settlekowski

ASSOCIATION OFFICERS:

PRESIDENT: Donna Heiss
VICE PRESIDENT: Linda Hamilton
RECORD. SECRETARY: Linda Pike
SGT.-AT-ARMS: Peg Young

ASSOCIATION DIRECTORS:

Nancy Flaig
Pat Pike
Diana Randall
Barb Bielli

TOWN OFFICIALS:

Joseph H. Emminger, Supervisor
Carl Szarek, Councilman &
Chairman of Youth, Parks & Recreation Committee
Mark D. Campanella Sr.
Superintendent Parks & Recreation Department



291 Ensminger Road
Tonawanda, NY 14150
Return Service Requested



Town of Tonawanda Senior Center
874-3266
Website: www.tonawanda.ny.us

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DIRECTOR'S LETTER

Happy Holidays to everyone! On behalf of myself and the Senior Center staff we would like to wish you all Health & Happiness this Holiday Season.

Our Holiday Fundraiser was a big success. A heartfelt thank you to everyone that donated and/or purchased a ticket. A special thank you to Sue Lester and the bake sale volunteers, our event volunteers, our classes, clubs, groups, and individuals who donated prizes and baskets. The proceeds from the boutique and the basket raffle will benefit families in the Ken-Ton school district.

Town residents are invited to attend a Community Christmas Concert on Friday, December 16, featuring the Red Blazer Men's Chorus. The concert begins at 7pm and is free but you need to call the Senior Center office to reserve general admission seats.

Please note that lunch will be served at 11:30 am on Friday, December 23 and Friday, December 30. The Senior Center will close at 12:30 pm on both days.

Keep smiling, Sandy

PRESIDENT'S CORNER

What a great November we had! Thanks to everyone who made our Holiday Fundraiser a great success. It shows what a giving family we are here at our Senior Center. Our Mini Golf Tournament brought lots of laughter and fun. In December 2nd we will be holding our annual Trim a Tree party with music by our own choral group. I would like to wish everyone a Happy Holiday and a Healthy New Year! See you next year – 2023.

Donna Heiss, President

SENIOR CENTER MEMBERSHIP

Hours of operation: Monday-Friday 8:30am – 4:30pm. Membership cost: \$17 per year for a resident of the Town of Tonawanda or Village of Kenmore and \$25 per year for non-resident. Memberships are good for a year from when it is paid. (Must be 60 years of age to join or have a spouse that's a member & at least 60 years old). The cost to have the bulletin mailed to you is \$5 for the year.

WELCOME NEW MEMBERS

Welcome to the following new members: Albert Kraft, Dorothy Harrod, Karen Marshall, Rose Meiler, Linda Scibetta, Beth & Paul Lipinoga, Teresa Cochran, Shirley Marvin, Debbie & Rob Erickson, Glenn Sherk, Paul Michel, Donna Dudek, Liz Murphy, Wendy Clubine, Maryann Byrwa, Thomas Tayler, Patricia McCaffery, Betty Keisic, Cheryl Sibley, Ron Carlisle, Lynn Biondo, Mya Territo, Darlyn O'Callaghan, Carol McPhillips and Christine Smith.

SYMPATHY

Our thoughts and prayers are with the families and friends of the following members who have passed away: Susan Lockwood, Richard Lucken and Mariam Dick.

Get Well/Thinking of You wishes go out to the following members: Carol Reingold, Georgia Militello and Carol Kostelnik.

Our Sympathy to the following members who have lost loved ones: Patricia Kobrin (Hopkin).

TREE TRIMMING PARTY

Help us kick off the Christmas season by joining us for lunch and helping to decorate the Center's Christmas tree!! Lunch will be pizza (donated by the Sheridan Drive Lions Club), popcorn, pop and coffee followed by cookies and ice cream for dessert.

We will have a good old-fashioned sing-along led by our very own Senior Center choral group. What an enjoyable way to get you into the Holiday Spirit!

DATE: Friday, December 2, 2022

TIME: 1:00 pm (doors open at 12:45pm)

COST: \$3.00 (\$5.00 non-members)

SIGNUP: See office for availability

COMMUNITY CHRISTMAS CONCERT

We have scheduled a community wide Christmas Concert. The Red Blazer Men's Chorus will be performing a special Christmas Concert for anyone in the Tonawanda community.

Date: Friday, December 16, 2022

Time: 7:00pm

Place: Senior Center, 291 Ensminger Road

Cost: Free! Please call 716-874-3266 to reserve your seats

WINTERFEST TOWN DANCE

Join us for the Town of Tonawanda Youth, Parks and Recreation Department's Winterfest Dance.

We will have a live band at the Senior Center for your dancing and listening pleasure. Refreshments will be served and will include popcorn, dessert, pop, and coffee.

Date: Thursday, January 19, 2023

Time: 7pm – 10pm (Doors open at 6:30)

Place: Town of Tonawanda Senior Center

Cost: \$5.00 for Senior Center Members & Ken-Ton Residents -\$7.00 for Non Residents

Signup: Starts December 1st and ends January 13th

Band: The Hastings

SAFE DRIVER ACADEMY - DRIVER COURSE

Safe Driver Academy course is held at the Senior Center each month, cost \$35.00. Call the office at 874-3266 to register for a class.

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

PREVENTING FALLS

This exercise program is offered every Friday at 10:00am. Any Erie County resident may attend at NO cost. No sign up is necessary.

You must be a current member of the Senior Center in order to participate in the following programs.

BINGO

Boards are sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. There will be **NO** Bingo in December.

BOUTIQUE

The Boutique is open on Wednesdays from 9am to 12:30pm. We are accepting merchandise from updated members. Only merchandise in good condition will be accepted. We are NOT accepting books, jewelry, purses, DVDS, or drinkware. Eight (8) item limit per person which includes items that are already in the Boutique.

BOOK CLUB

We would love to have new people come and read with us! The club meets the 1st Thursday of each month at 10:00am. At our December 1st meeting we will discuss the book "Winter Garden" by Kristin Hannah. At our January 5th meeting we will discuss a Christmas book you choose to read.

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00pm, meet in Room 8 (pool room).

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm, in Room 2B (old computer room).

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm, in Room 1. Single players are welcome to play in one of the most friendly bridge games in the area! Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30.

EXERCISE

Come join us on Mondays and Thursdays from 10:00 - 11:15am. This program is FREE with Senior Center membership. No Pre-registration necessary.

KUPPLES KLUB

In November we had an interesting speaker, Beth Moses from Erie County about the program Preventing Falls. We also elected new officers for 2023. December 1st will be our annual Christmas Party to be held at Pane's Restaurant. We will install our newly elected officers. We will start the New Year on January 5th with appetizers and holiday bingo. Come join us at 12 noon. We meet the first Thursday of the month at noon in Rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00pm, meet in Room 2B (old computer room).

PINOCHLE

Come join us for a couple of hours of fun! We play each Monday & Wednesday at 12:45 pm in Room 7. Sign up by 12:30 pm. Everyone signing in by 12:30 will play.

SCAT GROUP

SCAT group meets on Tuesday afternoons at 12:30pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING

We meet every Wednesday from 9:00 am to 12:30 pm. We get together to sew, crochet, knit, but most of all to have fun.

SOCIAL CRAFTS

Join us on Friday from 9:00am to noon. Come join the fun and be creative with us. Need help with a project? We'll help.

SINGLES CLUB

Congratulations to our new officers for 2023. Our Christmas luncheon will be held on Thursday, December 15th. Look for more information on the bulletin board. The cost is \$15.00 and may be paid at the office. The last day to pay is December 8th. Thank you to all our members for their contribution to the Holiday Fundraiser and helping make it a success. Wishing everyone a Happy Holiday and Happy New Year. Anyone interested in joining our group, we meet the third Thursday of the month, at 1:00pm in Rooms 1 & 3. Make sure you update your Singles membership dues which are \$5.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Tuesdays & Thursdays from 9:00 -11:00am. This is not a league; we play for exercise & fun.

LOUNGE

Attention winter bookworms, the season is fast approaching. In our Lounge you will find on the table as you enter, hours of relaxing reading for your holiday enjoyment. Also, check out our book cart in the front hallway. **New book return policy:** In the little room just before entering the TV room, please find a basket on the floor for all book returns. Please don't reshelv books or put them on the book cart. This will certainly help our library workers save time. Thank you and enjoy your reading. We are accepting donations of books and puzzles (no magazines). Please feel free to borrow books or puzzles. NO sign out necessary.

WOODSHOP

Monday & Wednesday 9:15 - 11:45 + 12:30 - 2:45
\$2.00 per visit or \$15.00 per year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. **As always, safety first.**

**The following classes run in sessions. You must pre-register and pay a fee.
Call the Senior Center for more information.**

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will delight in creating beautiful items and enjoy being part of a very happy and friendly group of wonderful people.

DRAWING WITH COLORED PENCILS

Do you like to color? First of all, YOU DO NOT NEED TO KNOW HOW TO DRAW! Learn how to color, layer, shade, and texture with colored pencils in order to make your drawing look very real. You will be given patterns of beautiful pictures to trace onto your drawing paper, and together, we will make them come to life with our colored pencils. Please pick up your supply list in the office when registering and contact Instructor Diana Hanagan(716) 876-8133 before the 1st class.

INTERMEDIATE WATERCOLOR

Tuesdays 1:00-4:00

For those who have already completed an Intro to Watercolor class, continue to build your skills in watercolor techniques such as washes, glazing, layering and lifting dry brush, color mixing, etc. We will do step-by-step “paint-along” of various subjects that will WOW your friends and family! Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before the 1st class.

ADVANCED WATERCOLOR

Thursdays 1:00-4:00

Must have 3+ years’ experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before the 1st class.

GOLD SUMMIT QIGONG

Through many types of slow, soft exercises, some with breathing, some with movement, and some stationary, a person can learn to relax.

GOLD SUMMIT TAI CHI

Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

LINE DANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

SENIOR STRETCHING WORKOUT

This is a great stretching class done mostly on chair, keeping you flexible & healthy.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA GOLD

Zumba Gold is 50 minutes of low impact, senior friendly aerobic activity. The goal is to get your bones and muscles moving and your circulation pumping.

TRANSPORTATION

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore. For more information or to schedule a van call: 875-1029 Monday – Friday 8:30am – 1:30pm. To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left. Cost \$3.00 (In-Town) or \$6.00 (Out of Town) each way.

ERIE COUNTY STAY FIT DINING NUTRITION PROGRAM

The Erie County Stay Fit Dining “Dine-In Program” is run Monday – Friday each week. The frozen meal program is still in place. Feel free to take part in both programs if you wish. You must be pre-registered. Call the Senior Center at 874-3266 for more information.