

CODE: 442099-01

SUP YOGA CLASS

SUNDAY, OCTOBER 23RD 8:00AM - 9:00AM



JOIN BLOOM & BLISS FOR A UNIQUE STAND-UP PADDLEBOARD YOGA EXPERIENCE AT THE TOWN OF TONAWANDA AQUATIC & FITNESS CENTER!

All SUP Yoga classes include 45 minutes of instructional time. Additional time has been added to the class to allow for participants to be "floated" into place.

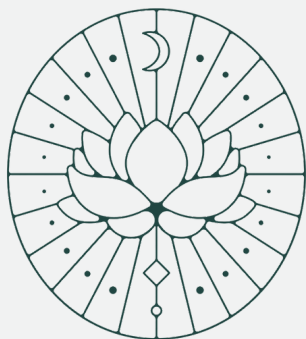
We recommend that you wear regular athletic/ yoga attire to participate in class.

REGISTER IN PERSON OR ONLINE!

<http://bit.ly/ttypronlinereg>

\$12 Premium Members

\$18 Basic Members &
General Public



BLOOM & BLISS
YOGA. EVENTS. COMMUNITY.

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**Aquatic
+ Fitness
Center**