



Town of Tonawanda Aquatic & Fitness Center  
One Pool Plaza, Buffalo, NY 14223 | 716-876-7424  
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# PARENT & CHILD LESSONS WINTER SESSION I



## OVERVIEW:

- This class that benefits both parents and children provides adults with safety tips and teaches techniques to boost children's skills.
- Through basic skill practice and game play children are introduced to the water and taught swimming readiness. Guidance from instructors allows for confidence and safety around water to grow.

## LESSON INFO:

CODE: 111010-01

At this time, Parent & Child Lessons will be offered as 4-week sessions.

### REGISTRATION:

Available online or in person at the AFC

Premium Members  
1/4/22

Basic Members & General Public  
1/11/22

### WHEN:

**1/23/22 - 2/13/22**  
Sundays  
9:00- 9:30am

### RATES:

Includes: One Adult and One Child (Ages 6 months- 4 Years)

Premium Members  
\$24

Basic Members & General Public  
\$32

