



Town of Tonawanda Aquatic & Fitness Center

Pool Plaza, Buffalo, NY 14223 | 716-876-7424 | www.ttypr.com | czon@tonawanda.ny.us

WINTER 1 SWIM LESSONS AT THE AFC

Group Swim Lessons January 18th—March 20th

Registration Process

Please read carefully as one of these options below should apply to your swimmer!

Participants that took Fall 1 lessons in 2021 can present their report card to register for the correct level for the Winter 2022 Session.

Participants registering for **Preschool Aquatics (ages 4—5)** or registering for **Level 1 (ages 6+)** will NOT need to present a report card or verification form. We strongly recommend swimmers ages 6+ to lesson test for proper placement.

If participants did not take Fall 1 lessons and intend to register for levels 2—4 or Stroke Advancement, participants MUST lesson test prior to registering for lessons for the Winter 2022 Session. After the test you will receive a **Swim Lesson Testing Verification Form** and can register for the correct Level by bringing that form to the front desk at the AFC. See Lesson Testing Dates for more information on the testing process.

Lesson Registration Dates:

Premium AFC Members:

Tuesday, January 4th

Basic AFC Members & General Public:

Tuesday, January 11th

Lesson Testing Dates:

January 4th, 5th & 6th (Premium AFC Members ONLY)

January 11th, 12th & 13th (Basic AFC Members & General Public)

Between the hours of 3:00pm—8:00pm at the

Aquatic + Fitness Center.

Please arrive at the facility and inform the front desk you are in need of a lesson test. They will inform a pool staff member who will then assist you.

Other Important Information

If you do not have a current AFC Membership (Basic or Premium) registration fees for the general public entitle you to participate in your scheduled class only, and does not include any additional use of the facility. If you wish to use the rest of the facility, please pay the daily entry fee or purchase a membership!

Please help us keep the deck clean by always removing your shoes if you enter the pool area to drop off or pick up your child. Once your swimmer is with their instructor, you must view the lessons from the lobby viewing area or bleachers.

Makeup classes are not permitted.

All programs and fees subject to change.

Please Note: There will be NO CLASSES on Tues. 2/22/22, Thurs. 2/24/22 OR Sun. 2/27/22

Masks are to be worn at all times regardless of vaccination status.

Joseph H. Emminger, Supervisor

Carl Szarek, Councilman

Mark Campanella Sr., Superintendent

Town of Tonawanda Parks & Recreation Department

Code #	Class	Dates	No Class	Day	Time	# of Lessons	Premium Rate	Basic & General Rate
111020 -01	Preschool Aquatics	1/18-3/15	2/22	Tues.	5:05 - 5:35 pm	8	\$48	\$64
111020 -02	“	1/20-3/17	2/24	Thurs.	4:30 - 5:00 pm	8	\$48	\$64
111020 -03	“	1/23-3/20	2/27	Sun.	9:40 - 10:10 am	8	\$48	\$64
111031 -01	Learn to Swim Level 1	1/18-3/15	2/22	Tues.	4:30 - 5:00 pm	8	\$48	\$64
111031 -02	“	1/20-3/17	2/24	Thurs.	5:05 - 5:35 pm	8	\$48	\$64
111031 -03	“	1/23-3/20	2/27	Sun.	9:40 - 10:10 am	8	\$48	\$64
111031 -04	“	1/18-3/15	2/22	Tues.	5:40 - 6:10 pm	8	\$48	\$64
111032 -01	Learn to Swim Level 2	1/18-3/15	2/22	Tues.	4:30 - 5:00 pm	8	\$48	\$64
111032 -02	“	1/20-3/17	2/24	Thurs.	5:40 - 6:10 pm	8	\$48	\$64
111032 -03	“	1/23-3/20	2/27	Sun.	10:15 - 10:45 am	8	\$48	\$64
To register for Level 3 lessons you must be able to swim independently, without any physical or floatation support!								
111033 -01	Learn to Swim Level 3	1/18-3/15	2/22	Tues.	5:05 - 5:35 pm	8	\$48	\$64
111033 -02	“	1/20-3/17	2/24	Thurs.	4:30 - 5:00 pm	8	\$48	\$64
111033 -03	“	1/23-3/20	2/27	Sun.	10:15 - 10:45 am	8	\$48	\$64
111034 -01	Learn to Swim Level 4	1/18-3/15	2/22	Tues.	5:40 - 6:10 pm	8	\$48	\$64
111034 -02	“	1/20-3/17	2/24	Thurs.	5:05 - 5:35 pm	8	\$48	\$64
To register for Stroke Advancement, you must have passed Level 4 and be ready for advanced stroke refinement and endurance building. This will be a combination of American Red Cross Levels 5 & 6.								
111040 -01	Stroke Advancement	1/20-3/17	2/24	Thurs.	5:40 - 6:10 pm	8	\$48	\$64
111040 -02	“	1/23-3/20	2/27	Sun.	10:50 - 11:20 am	8	\$48	\$64

Preschool Aquatics—for children from about 4—5 years of age. Swimmers in preschool aquatics will become familiar and comfortable in and around the water. Basic aquatics skills are taught. All instruction is supported and hands on.

Learn to Swim Level 1—Introduction to Water Skills Learn to swim level 1 is designed to make participants comfortable in the water and orient them to the aquatic environment. Basic personal water safety information and aquatic skills are taught. Participants begin to develop positive attitudes and safe practices in and around the water. **Children should be six years of age or older.** Participants will have hands on instructor support when needed.

Learn to Swim Level 2—Fundamental Aquatic Skills Level 2 marks the beginning of having “locomotion” in the water. Participants build on the basic aquatic/water safety skills and concepts learned in Level 1. **Children should be six years of age and older and have passed Level 1 or lesson test prerequisites.** Participants in this level may enter when needing support from the instructor, but may not graduate until they can swim independently.

****To progress to Level 3, students must pass all skills without the support of the instructor.****

Learn to Swim Level 3—Stroke Development In level 3, the aim is to help participants achieve basic water competency in the pool. Participants learn front crawl and elementary backstroke, and multiple different kicks. **Children should be six years of age and older and have passed Level 2 or lesson test prerequisites.** Participants in this level must be able to swim independently of any support.

Learn to Swim Level 4—Stroke Improvement In this level, participants start to develop confidence in the strokes and improve those strokes and other aquatic skills. Endurance begins to be stressed as the strokes previously learned will be swum for greater distances. **Children should be six years of age and older and have passed Level 3 or lesson test prerequisites.**

Stroke Advancement: — This level is a combination of American Red Cross Level 5 (Stroke Refinement) and Level 6 (Skill Proficiency), participants should be ready to advance their stroke and building their endurance. **Children should be six years of age and older and have passed Level 4 or lesson test prerequisites.**