



## Aquatic & Fitness Center

Town of Tonawanda Aquatic & Fitness Center  
One Pool Plaza, Buffalo, NY 14223 | 876-7424  
www.ttypr.com

# ADULT LAP SWIM TRAINING

September 3, 2019 - October 24, 2019

This program is designed for any adult looking for a good workout! Whether you are a beginner, or competitive swimmer, the coaches design a program to work on stroke technique and intensity to suit your ability.

## WHEN

September 3, 2019 - October 24, 2019

**Tuesdays & Thursdays** - 8:00pm - 9:00pm      **Sundays** - 11:00pm - 12:00pm

**No class: October 27**

## WHERE

The deep end of the pool at the Town of Tonawanda Aquatic & Fitness Center.

## REGISTRATION DATES

**Members**      Monday, August 19

**Non-Members**      Monday, August 26

**COURSE #:** Register for course # 441070-12 at the front desk

## Program Fee Options

### AFC MEMBER

Class Fee - \$69

Pay As You Go - \$5

Punch Card - \$40

### NON MEMBER

Class Fee - \$115

Pay As You Go - \$7

Punch Card - \$60

## UNLIMITED CLASS PASS

[formerly known as Surf & Turf]

AFC Member - \$215

Resident Non-Member - \$300

Non-Resident Non Member - \$355

Joseph H. Emminger, *Supervisor*  
Town of Tonawanda

Dan Crangle, *Councilman*  
Chairman, Youth, Parks & Recreation Committee

Mark Campanella, *Superintendent*  
Parks & Recreation Department