

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

Senior Citizens month is over and was quite busy with all of the special events that took place at the center. It was wonderful to see so many of you participate in them. The memorial service was especially moving this year. We had to say good-bye to many long time, wonderful members. They will be missed by all of us. A special thank you to the outgoing Board Members for a job well done and congratulations to the incoming Board Members. I'm looking forward to working with all of you in the coming year. We are very lucky to have such a great team in the office that helped to coordinate all of the May events! They all worked very hard to make "Senior Citizens Month" a huge success and a lot of fun for you. Without their hard work it would be impossible to run them. I hope you enjoyed everything!!!

Congratulations to our volunteer of the year winner, *Carol Reingold*!! Thank you for all of your hard work and dedication to the Senior Center. We are so lucky to have a volunteer like you helping at our center in so many different ways!

Don't forget about all of the exciting events that are coming up at the Senior Center. We have the "Celebrate America" party coming up on the 9th of this month, a day trip to The Canadian Food & Wine Institute/Niagara On The Lake on June 19th, the Hot Dog Roast on July 14th, a day trip to Niagara Falls on July 17th and an extended trip to Boston towards the end of August. We expect all events to be a lot of fun. Hope to see everyone at the center. There is always a lot to do here... come join us! Enjoy!

Tricia Pray, Director

PRESIDENT'S CORNER

I would like to take this opportunity to thank the Senior Center Association board for all their help these past 3 years. It has been a pleasure serving as your president and working with all of you. I will continue to enjoy seeing you all taking part in the great variety of activities at our wonderful center. I would like to congratulate our newly elected board.

Don Dean

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Ann Worling at 877-0931.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: William Curtis, Elfie Winstead, Reuf Xhyheri, Wendy & Wayne Zitzka, Kathleen Lloyd-Lewis, Patricia Carlson, Hilda Hemmerling, Marion Kalata, Nora Vastola, Karen Cuevas, Mary & Edward Suski, Gary Kostrzewa, Kevin & Wendy Hicks, Diana Bigham, Maurine Baker-Stein, Barbara Jones.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Laurie Cameron, Joan Magain and Dorothy Farrington.

Our thoughts & Prayers are with the families/friends of the following members who have passed away: Donna Hinchy, Stuart Wiedrich, Bea Freidman, Marjorie Harding.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Barb Bielli, Vickie Christopher, Joan DeLong, Evelyn Dziadasek, Irene Ferguson, Roberta Harter, Diana Hull, Karen Kopper, Annette Maus, Audrey Morris, Patricia Pflieger, Natalie Pruc, Arlene Ptaszkiewicz, Elizabeth Rosina, Mary Smith, Anna Stanton, Millie Warmuz, Delores Mickens and Kay Felice.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars will be located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

APRIL WINNER

Birthday: Kathleen DiMarco

PARTIES

CELEBRATE AMERICA

In honor of Flag Day and the Fourth of July, we are celebrating America. We will serve punch, cookies and ice cream. Also, Denise Reichard will be back. This

time she will present her "I Love America" program.

There will be door prizes after the program. Let's all wear red, white and blue.

Date: Friday, June 9, 2017

Time: 1:30pm (doors open at 1:15pm)

Cost: \$3/\$5 for non-members

Signup: June 2

Entertainment: Denise Reichard

HOT DOG ROAST

Join us for a good old-fashioned Hot Dog Roast. We will serve fresh, grilled hot dogs, baked beans, potato chips, popcorn, and a dessert. There will be entertainment too.

DATE: Friday, July 14, 2017

TIME: 1:00 pm - doors open at 12:30 pm

COST: \$5 members, \$7 non-members

SIGNUP: Ends Friday, July 7

ENTERTAINMENT: Troy Chiappone Sings Elvis Presley, Dean Martin, Tom Jones, Frank Sinatra & more

TRIPS

ALLURE OF THE FALLS

Our step-on-guide will keep you entertained and informed about some of the little known facts of Niagara Falls. Visit the State Park & Terrapin Point for the best view of the Horseshoe Falls. There will be a buffet lunch at the Como Restaurant featuring a roaming guitar player.

Our next stop will be the New York Power Vista and then an up close and personal view of the Falls with a ride on the Maid of the Mist. The last stop will be made at the new Platter's Chocolate Factory! A detailed flyer is available in the office.

DATE: Monday, July 17, 2017

ARRIVE AT CENTER: 9AM

APPROXIMATE RETURN: 6:15PM

SIGNUP: Check office for availability

COST: \$78

SAVOR NIAGARA

Travel to the Canadian Food & Wine Institute. Take a tour of the greenhouse nursery. Then enjoy a delicious lunch at the five star Benchmark Restaurant. After lunch there will be a guided winery tour and tasting. A stop will be made at Picard's Peanuts and then some free time in Niagara-On-The-Lake. A passport, passport card or enhanced license is required. Stop by the office for detailed flyer.

DATE: Monday, June 19, 2017

COST: \$79

SIGNUP: Check office for availability

BOSTON, SALEM & CAPE COD

Travel to the Boston area for 5 days and 4 nights. Includes: hotel accommodations, 8 meals, many tours, 2

theatre performances, schooner cruise and much more!
Stop by the Senior Center for a detailed flyer.

DATE: August 21-25, 2017

COST: \$949 Double, \$1269 Single,
Deposit of \$100 due at signup

SIGNUP: Check office for availability

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS. Many people are sensitive to different scents. Thank You.

PROGRAMS

IT'S SHUFFLEBOARD TIME!!

It's time again to sign up for the Shuffleboard League. Get your team of 4 friends together, give yourselves an interesting name and come in to sign up! If you don't have a whole team, sign up anyway and we will try to get you onto a team. We will allow 8 teams to sign up, so get in early.

Come out to have fun with your friends and for some pleasant competition. Remember this is for FUN. No arguments will be tolerated!!

We are also looking for subs to fill in when the regular players cannot make it. Let us know if you are interested in being a sub.

DATE: Wednesday, September 13 – November 29, 2017

TIME: 1:00 pm

COST: Free

SIGN-UP: Begins Monday, July 10th & Ends August 18th or when all spots are filled

PARTY: Wednesday, December 6th at 1:00 pm,

COST: \$5.00

GREENHOUSE

Anyone with plants in the greenhouse please be sure to remove them by June 30th or they will be disposed of.

SENIOR CENTER COMMUNITY GARDEN

How would you like to participate in the Senior Center's annual community garden? All plants & materials will be supplied. To sign up, please stop in the office or call us at 874-3266.

COLORING GROUP

Coloring is not just for kids!! Recently, adults across the country have picked up coloring books as a way to relax and relieve stress. The health benefits go beyond relaxation, and include exercising fine motor skills and training the brain to focus.

Join us to take part in the newest trend. We will meet once a month on a Friday in the café. NO SIGNUP NECESSARY.

DATE: Friday, June 16, 2017

TIME: 12:45pm in room 1

COST: FREE

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning June 5th, thru all of 2017. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo twice a month, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary.

DATE: Friday, June 2 & 23, 2017

TIME: Approximately 12:45 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our June 1st meeting we will discuss the book "And After the Fire" by Lauren Belfer. We will not meet in the months of July & August.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

BOUTIQUE

We will be open for business on Mondays and Thursdays from 10:00 am. - 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Members must bring in their membership card when bringing items to be sold. We do NOT accept shoes or clothes. We only accept ten items per person. Items may be dropped off at the office Monday through Friday from 9:00 am through 3:00 pm. Even though the boutique will be closed during July & August, we will still accept items in the office.

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap,

EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

MOVIE LENDING LIBRARY

The Senior Center has a Movie Lending Library. There is a list of movies available in the office. You must be a member in good standing to borrow movies. The movies must be returned within two weeks.

MATINEE MADNESS MONTH OF JUNE

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie shown on our big screen TV. Movies are shown at 1:00 pm.

6/5/17: A Tale of Love and Darkness: (Natalie Portman) – The story of Amos Oz’s youth, set against the backdrop of the end of the British Mandate for Palestine and the early years of the State of Israel. The film details the young man’s relationship with his mother and his beginnings as a writer, while looking at what happens when the stories we tell become the stories we live. (Rated PG-13, Biography, Drama; 95 mins.)

6/12/17: The Book of Love: (Jason Sudeikis, Jessica Biel) – Henry is an introverted architect. After the death of his wife in a car accident, he sets out to help Millie, a homeless teen, to build a raft to sail across the Atlantic. (Rated PG-13, Drama; 106 mins.)

6/19/17: The Founder: (Michael Keaton) – The story of Ray Kroc, a salesman who turned two brothers innovative fast food eatery, McDonald’s into one of the biggest restaurant businesses in the world with a combination of ambition, persistence, and ruthlessness. (Rated PG-13, Drama/History/Biography; 115 mins.)

6/26/17: The Shack: (Octavia Spencer, Tim McGraw) – A grieving man receives a mysterious, personal invitation to meet with God at a place called “The Shack.” (Rated PG-13, Drama/Fantasy; 132 mins.)

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron – No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new “Because Game,” meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesday’s starting at approximately 12:45 pm in room 3. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing

DIGITAL PHOTOGRAPHY CLUB

We meet at 9:30am on the 1st Tuesday of each month in the computer room. New members always welcome.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you’ll like it!

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

KUPPLES KLUB

The Kentucky Derby Party was a lot of fun! A special thank you to Supervisor Joe Emminger for speaking about the state of the town. At our June 1st meeting we will host our annual hot dog roast, must prepay ahead of time. We may possibly have a speaker from the Town Water Authority.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the senior center to be take part in the Kupples Klub.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm everyone signing in will play. See bulletin board for rules.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It’s a lot of fun – don’t be shy – we’ll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every **Wednesday** from 9:00 a.m. to 3:00 pm. We welcome those of you that need help. We get together to sew, crochet, knit or do any handiwork, but most of all to have fun.

SINGLES CLUB

On June 15th we will be hosting our Theme Basket Raffle. All are welcome to view baskets from 10:00 am to 1:30 pm. Tickets can be purchased for \$5.00 a sheet or 3 sheets for \$10.00. Raffle will be called after viewing of baskets. Coffee and dessert will be served for everyone.

We meet the third Thursday of every month at 1:00pm. Make sure you update you Singles membership dues which is \$3.00 per year. You must also have an up to date membership for the senior center to be take part in the Singles Club.

SOCIAL CRAFTS

Time to start another project! Come join us on Fridays from 10:00 am to noon.

TABLE TENNIS

We meet Monday, Tuesdays & Thursday from 9:00 - 11:30 am, in rooms 1 & 3.

CLASSES

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

WATERCOLOR

Continue expanding your knowledge and skills as a watercolor painter with new lessons and more helpful techniques... and more fun! Enjoy creating your own paintings with guidance and encouragement.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our **FULLY** equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts" on hand to solve any problems or questions you might have. **As always safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from

stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA

Basic Zumba class is 45 minutes of low impact, senior friendly, aerobic activity includes stretching, repetitive movements, deep breathing and body sculpting – all to a Latin beat. All of the movements are performed from a standing position (there is no floor work!) The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore, Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00

June 6, 13, 20, 27 – Regular Day Activities

MANG BRANCH

MONDAYS & THURSDAYS 9:30 am – 2:30 pm

135 Wilber at Mang, Kenmore, Telephone: 873-0737

Every Monday: 9:30 – 11:30 Cards, Social, Pinochle, 11:30 Lunch, 12:30 Progressive Pinochle (sign-up by 11:15 am)

June 5, 12, 19, 26 – Regular Day Activities

Every Thursday: 9:30-11:30 Cards, Social Pinochle, Canasta, Rummikub, 11:30 Lunch, 12:45 Bingo.

June 1, 8, 15, 22, 29 – Regular Day Activities

TOWN TRANSPORTION SERVICE

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.

For more information or to schedule a van call:

875-1029 Monday-Friday 8:30am-1:30pm

Our vans start at 9:00am – and finish for the day at approximately 3:30pm.

To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.

Cost:

\$5.00 (In-Town) or \$10.00 (Out of Town) each way.